

TRING SWIMMING CLUB ENTRY FORM

ASA EAST REGION 2018 LONG COURSE CHAMPIONSHIPS
WEEKEND 2: 26th – 28th May 2018 at Inspire: Luton Sports Village
(Licensed Meet No. 1ER180214)
14 and under age group

To enter please complete and return this form, together with a cheque made payable to Tring Swimming Club, to Ruth Monks by no later than **Fri 13th APRIL** .

Please remember that entry times must be licensed and obtained between 1st September 2017 and the closing date.

Entries are £7.00 per event plus £3 admin fee.

Thank You, Ruth Monks

ruthmonks@btinternet.com

Name..... D.O.B.....

Tel. No..... ASA no.....

Email address

Event	Time	Event	Time	Event	Time
Sat 26th May		Sun 27th May		Mon 28th May	
Women's 200 fly		Men's 200 fly		Women's 800 free	
Men's 200 breast		Women's 200 breast		Men's 1500 free	
Women's 100 breast		Men's 100 breast		Women's 50 breast	
Men's 50 fly		Women's 50 fly		Men's 50 breast	
Women's 400 free		Men's 400 free			
				Women's 100 fly	
Women's 200 IM		Men's 200 IM		Men's 100 fly	
Men's 100 back		Women's 100 back		Women's 50 back	
Women's 100 free		Men's 100 free		Men's 50 back	
Men's 50 free		Women's 50 free		Women's 200 free	
Women's 200 back		Men's 200 back		Men's 200 free	
Men's 400 IM		Women's 400 IM			

Number of Events Entered	Cost per Event		Total Cost	Cheque (Tick)	Cash (Tick)
	£7.00	+ £3.00 admin fee			

IMPORTANT: Please show your completed Entry Form to Johnny before passing to Ruth

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 Signed by Johnny Bradley (Head Coach)