

TRING SWIMMING CLUB ENTRY FORM

ASA EAST REGION 2018 LONG COURSE CHAMPIONSHIPS

19th May 2018 at Basildon Sporting Village

(Licensed Meet No. 1ER180540)

All ages

To enter please complete and return this form, together with a cheque made payable to Tring Swimming Club, to Ruth Monks by no later than **Mon 9th April** .

Please remember that entry times must be licensed and obtained between 1st September 2017 and the closing date.

For the women's 1500m, entry is by 800m QT.

For the men's 800m, entry is by 400m or 1500m QT.

Entries are £7.00 per event plus £3 admin fee.

Thank You, Ruth Monks

ruthmonks@btinternet.com

Name..... D.O.B.....

Tel. No..... ASA no.....

Email address

Event	Time
Sat 19th May	
Men's 800m Freestyle	
Women's 1500m Freestyle	

Number of Events Entered	Cost per Event		Total Cost	Cheque (Tick)	Cash (Tick)
	£7.00	+ £3.00 admin fee			

IMPORTANT: Please show your completed Entry Form to Johnny before passing to Ruth

.....
Signed by Johnny Bradley (Head Coach)